



World Tai Chi and Qigong Day

One World, One Breath!

Participate in the **FREE EVENT** for the **World Tai Chi & Qigong Day**. It's open to all, no matter if you are a beginner, never-done-it-before, just curious, or if you are a teacher and want to share with others. Bring your friends and introduce them to Tai Chi & Qigong for your health & well-being.

When: 10:00am - 11:00am Saturday 24th April 2021

Venue: North - TTG Civic Park, Modbury
South - Brownhill Creek, Mitcham
South - Angus Neill Reserve, Seacliff

Participation commences at 10:00 am:

- Qigong
- various Tai Chi forms

Looking forward to seeing you at the Big Event !

www.taichiaustralia.com



COVID check-in



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