

PUSH HANDS REGISTRATION

TCAA AUSTRALIAN OPEN TAI CHI PUSH HANDS CHAMPIONSHIPS

- 30th May 2020 (SATURDAY)

Morris Iemma Indoor Sports Centre, 150 Belmore Road NORTH, RIVERWOOD, NSW 2210

Entry Closing Date: 1st May 2020 (FRIDAY)

Late entries are difficult to be included in time. Please register early.

Please provide your details in the yellow boxes

REGISTRANT DETAILS									
Given Name	Family Name	Num & Street	City/ Suburb	State	Post-code	Country	Phone #	Email	School/ Teacher

ELIGIBILITY. Athletes must:

- a. Be between 18 and 55 years of age on 30th May 2020 (SATURDAY).
- b. Practice a Chinese martial art, not limited to Tai Chi Chuan.
- c. Strictly comply with the Rules of Contest. These Rules reward application of Tai Chi principles and require strict enforcement of safety requirements. Any breach shall result in mandatory disqualification.

PUSH HANDS REGISTRATION							
Event	Female/ Male	Weight (kg) (Select ONE weight with X)					Your Main Chinese Martial Arts Style
		55 or less	56- 65	66- 75	76- 85	86 & over	
"MOVING-STEP"							
Coach Attending: (if any)				Name:			
Age on 30th May 2020 (SATURDAY)							

HEALTH DECLARATION:

Are you **prescribed drugs** which may impair reaction time or judgment?

State Yes or No	
If Yes, what drugs:	

Have you suffered any **incapacity requiring medical attention** in the past 12 months?

State Yes or No	
If Yes, give details:	

Are you aware of any **health problems or injuries** that you have that, in the interest of your safety, the TCAA should be advised of?

State Yes or No	
If Yes, give details:	

EXCLUSION OF COMPETITOR

Have you ever been excluded from Martial Arts in the past by a medical practitioner or refused participation in a Martial Arts club or Competition/Event/Contest?

State Yes or No	
If Yes, give details:	

MARTIAL ART TRAINING HISTORY

Style 1 and year started	
Name of Instructor(s)	
Style 2 and year started	
Name of Instructor(s)	

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REGISTRATION FEES	
Event registered	Fee
Push Hands, Moving Step	\$50
If TCAA Member, provide Member Num: 	Apply TCAA Member Discount 10%, Total

PAYMENT METHODS *NOTE: Cash will NOT be accepted.*

Emailed registration payment should be by **Direct Transfer**:

Deposit into:

Name: **Tai Chi Association**
 BSB: **062-196** AC No: **10604158**

Description on recipient's statement:

"Comp20" and your "FamilyName & Initial"; eg: "Comp20 Smith K"

Important: Print pdf of the receipt for attachment to your registration as "Proof of Payment".

Printed postal registration should be paid by **Cheque/Money Order**

made payable to: **Tai Chi Association of Australia.**

Refund for withdrawal or "no show" by an athlete from an event will not be given except due to "no fault of the athlete".

DESPATCH INSTRUCTIONS:

Sign Waiver and Agreement on page 3.

If by Email:

Scan to pdf the **pages 1, 2 & 3**; and attach to email.

Also attach to email the "Proof of Payment"

Email to gohkeny@gmail.com; with Subject: "2020 PUSH HANDS"

If Posting printed registration:

Send pages 1, 2 & 3, with cheque/money order to:

2020 TCAA COMP
64 Charles Place
JANNALI
NSW 2226

PUSH HAND SAFETY RULES

1. **LEGAL CONTACT.** Only hands, arms and shoulders are permitted for placement on the opponent's legal target areas to control the opponent. Contact with point of the elbow is not legal. Attacks using non-legal contact shall be penalised.
2. **LEGAL TARGET AREAS.** Contact may only be made with the opponent on their hands, arms, and the torso below the base of the neck but above the bladder and the coccyx. Attacks to non-legal target areas shall be penalised.
3. **ILLEGAL TECHNIQUES.** The following are **Serious Violations** resulting in Disqualification, and may also be the subject of a legal action for injury damages:
 - a) **Strike**, defined as contacting with **impact**, be it with hand, fingers, forearm, elbow, shoulder, foot, knee or head.
 - b) **Forming Fists** during the contest.
 - c) **Point of Elbow** applied on opponent.
 - d) **Force a locked joint** (Chin Na).
 - e) **Knee-Locking** (of opponent's).
 - f) **Kick**, any impact with foot, shin or knee on the opponent above the ankle, where the attacking foot has left the ground.
 - g) **Illegal Attack:**
 - i) Attack NON-legal target area resulting in injury to opponent.
 - ii) Attack using NON-legal contact resulting in injury to opponent.
4. **DISQUALIFICATION:** A contestant may be disqualified for any one illegal technique. A disqualification must be approved by the Head Judge.
 NOTE: An act may not be considered a disqualifying act if it is deemed to be caused by the opponent.

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GENERAL WAIVER and INDEMNITY

NOTE: Participating in a Martial Arts Tournament is dangerous and can cause serious injuries.

In all cases except where inconsistent with the Laws of Australia, the Registrant for him/herself, his/her executors, administrators, dependents and other personal representatives, hereby absolves and indemnifies to the extent provided by Law the PROVIDERS (see Schedule 1) and all their servants, agents, employees and other persons under the PROVIDERS control (the "Indemnified") from all liability howsoever arising for injury or damage (including but not limited to the Registrant's person, whether fatal or otherwise, property and personal belongings) however caused including by the negligence of the Indemnified, arising out of or participating in Martial Arts or in connection with Martial Arts or in any way caused by, or arising out of, any activity carried on by the Indemnified.

The Registrant agrees to occupy and use, at their own risk, the premises that the Tai Chi Association of Australia (TCAA) leased and release to the full extent permitted by Law the TCAA, and its agents, servants, contractors, employees and volunteers from all claims and demands of every kind resulting from any accident or damage to property or injury or death to the Registrant while participating in a martial arts competition/event/contest conducted by the TCAA.

The Registrant agrees that any person participating at any martial arts contest/event/competition organised by TCAA are only allowed to do so on the distinct understanding that they do so entirely at their own risk.

The Registrant accepts that neither the TCAA nor its agents or employees shall be responsible for any loss or damage to such personal property or equipment that they may bring to the competition/event/contest.

The Registrant hereby grants consent for any photographic or video image of his/her performance to be used by the TCAA or any entity that the TCAA so authorises. The Registrant agrees to make no claim for the use of his/her image and/or performance at this Event.

STATEMENT OF AGREEMENT

I, the Registrant, have read (or have had translated to me) and have understood and agree with the PUSH HANDS SAFETY RULES, the GENERAL WAIVER AND INDEMNITY, and the PUSH HANDS CONTEST RULES "MOVING-STEP", and fully acknowledge that participating in a martial arts tournament is dangerous and can cause serious injuries.

I hereby absolve and indemnify to the extent provided by Law the PROVIDERS (see Schedule 1) from all liability in accordance with the GENERAL WAIVER AND INDEMNITY.

I accept that in addition to DISQUALIFICATION, a charge of BATTERY and associated DAMAGES may be brought against me should I wilfully apply ILLEGAL TECHNIQUES causing injury.

I declare that I am over 18 and below 56 years of age on this day of signing.

Registrant name	
Signed:	
	Date:

In the presence of:

Witness name	
Signed:	
	Date:

SCHEDULE 1. In addition to the Tai Chi Association of Australia, the providers in respect of this agreement include:

- (a) All TCAA staff, officials and volunteers, including the TCAA Committee.
- (b) All State and Territory branches of the TCAA.
- (c) The Management, staff and owners of the Morris Iemma Indoor Sports Centre.

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PUSH HANDS CONTEST RULES "MOVING-STEP"

1. GENERAL

- This Push Hands Championship will be a "MOVING-STEP" event.
- These Rules aim to promote the higher skills of Tai Chi Push Hands.
- These Rules are designed to maximise realism without compromise on safety.
- These Rules are applicable to this Championship only.

2. FITNESS

- The Referee(s) reserves the right, before or during a bout, to require an athlete to withdraw from contest if they consider the athlete is at risk of injury due to weakness or injury; **absolutely no appeal permitted.**

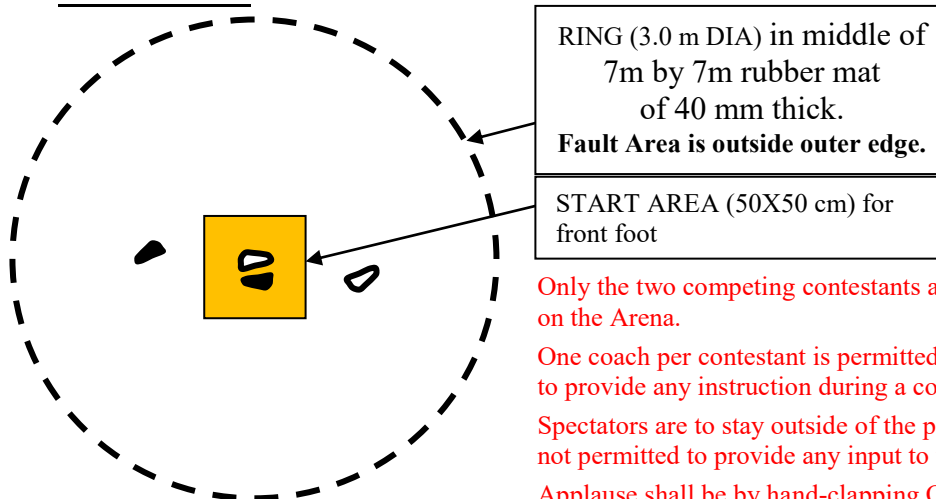
3. WEIGH-IN

- Weigh-in will be conducted in the morning on the Day, whereupon the draw will be finalised.

4. ATHLETE COSTUME AND FOOTWEAR

- Tops.** Push Hands athletes shall wear tops that do not expose the torso. Tops made of valuable or easily damaged material are to be avoided; damage will be own liability.
- Footwear.** Rubber-soled sports shoes or sneakers must be worn. Performance with bare feet is not permitted. Heavy or armoured (caps/soles) footwear are not permitted.
- Protective Equipment.** Athletes may wear protective equipment for groin, eye or mouth of their own supply. Female athletes may wear additional chest protective wear of their own supply.

5. ARENA SET-UP



A You-tube video is available to familiarise with the rules. The link to this video will be on the TCAA Website, together with the Registration Form.

Only the two competing contestants and the Judging Panel are permitted on the Arena.

One coach per contestant is permitted near the Arena. Coach not permitted to provide any instruction during a contest.

Spectators are to stay outside of the perimeter so marked. Spectators are not permitted to provide any input to the proceedings.

Applause shall be by hand-clapping ONLY. NO verbal encouragement or comments are permitted.

6. CONTEST RULES

- Objective.** A contestant shall, using *Legal Contact* on *Legal Target* areas of the opponent's body, without *Illegal Techniques*, force the opponent into a fault to score points in accordance with rules at para 6.f): **Scoring Points - Faults on Opponent**, and win in accordance with rules at para 6.i): **Winning the Contest.**
- Contest Structure**
 - Single Elimination.** The progression will be by single elimination. The Organisers will pair off the opponents for each contest within each weight division.
 - Contest.** Each contest will consist of two rounds.
 - Round.** Each round will be of 60 seconds (nett) duration, with a 1 minute break in between. Each round will consist of a series of bouts.
 - Bouts.** Each bout is completed when:
 - * Contact is lost between the contestants.
 - * Any point is scored or lost.
 - * A "no-score" is declared by the Referee(s).
 - * Stopped for any reason.
- Bout Starting Position.**
 - Front Foot.** The front foot is placed adjacent to the opponent's front foot (inside against inside) within a common central square.

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- ii) **Back Foot.** The back foot is placed behind the front foot and must remain within own side of the ring.
 - iii) **Weight.** More than half the weight must be on the back foot.
 - iv) **Forward Hand.** The forward hand shall contact at the back of the wrist with the opponent's in crossed (X) position vertically above the centre of the common square, with hands at **stomach** level.
 - v) **Rear Hand.** The rear hand is in contact with the elbow area of the opponent's forward hand.
 - vi) **Change Position.** For the start of the next bout, the front foot/hand will change to the alternate foot/hand.
- d) **Bout Start.**
- i) **Preliminary.** There will be no preliminary non-attacking movement under these TCAA Rules.
 - ii) **Start.** Upon the order "Start" by the Referee(s), the contestants may attempt to unbalance each other to gain points with legal moves as provided for in rule **para 6.f): Scoring Points - Faults on Opponent.**
- e) **Bout Stop.**
- i) **Stop Command.** At a Referee(s) command "Stop" or **Whistle** by a judge, STOP and FREEZE movement; Referee(s) will direct the disengagement.
 - ii) **No Movement after Stop.** Any movement after the command "Stop" that is deemed potentially dangerous may result in disqualification.
 - iii) **Disengagement.** The Referee(s) **MUST** command a "Stop" if the contestants have disengaged, to obviate an uncontrolled re-engagement by the contestants that may result in an accident.
 - iv) **After "Stop" Faults.** Faults following a "Stop" command are not valid.
- f) **Scoring Points - Faults on Opponent.**
- i) **1 point:**
 - * One foot (sole) of opponent forced to step out of the Ring.
 - ii) **2 points:**
 - * Both feet of opponent forced to step out of the Ring together or in quick succession, but not amounting to a **Fall**.*
 - * The opponent **Falls*** within the Ring.
(*Fall: A part of the body other than a sole touches the ground.)
 - iii) **3 points:**
 - * The opponent **Falls*** outside the Ring.
 - iv) **NO points:** If immediately after causing the opponent to fault, the contestant also faults, whether due to own imbalance/momentum or caused by the opponent's legal moves before his/her fault, NO point is gained or lost by either contestants.
- Note: If CONTACT IS LOST after faulting an opponent, further attack will not be awarded any higher points.**
- g) **Penalties**
- i) **Loss of 1 point:**
 - * Attacking before the Lead Referee starts the bout.
 - * Attacking after a Stop command.
 - ii) **Loss of 1 point after first warning:**
 - * "Hugging" or "hanging on" the opponent for longer than 2 seconds.
 - * Clutching the opponent's hands or arms for longer than 2 seconds.
 - * Clutching the opponent's clothes.
 - * Avoiding engagement.
- h) **Disqualification.** A contestant may be disqualified for any one *Illegal Technique* (See Push Hands Safety Rules). A disqualification must be approved by the Head Judge.
Note: An act may not be considered a disqualifying act if it is deemed to be caused by the opponent.
- i) **Winning the Contest.**
- i) **Attains 10 Points.** If at any time during the contest, a contestant gains 10 points or more, that contestant will be declared the winner.
 - ii) **Higher Points.** At the end of the nett contest time, the contestant with the higher points wins.
If the points are equal, the lighter contestant is the winner.
 - iii) **Opponent Withdrawal.** A contestant is declared winner if the opponent withdraws for reasons not caused by an illegal technique on him/her.

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- iv) **Opponent Disqualification.** A contestant is declared winner if the opponent is disqualified.
- v) **Injury.** A contestant shall be awarded winner if s/he is injured due to the opponent's illegal technique and as a result cannot continue to contest.

WARNING: The existence of these Rules does not limit a case of battery and/or damages to be brought if an contestant wilfully acts with a serious violation causing injury. Video footage will be made available if properly subpoenaed.

7. AWARDS

- a) **Each Division**
 - i) 1st Prize (Gold medal), and a \$50 Cash Prize generously donated by PaginMak Lawyers of Newcastle & Sydney.
 - ii) 2nd Prize (Silver medal).
- b) **Grand Champion**
 - i) A \$300 Cash Prize, donated by a generous member of TCAA.
- c) **Runner up Champion**
 - i) A \$100 Cash Prize, donated by another generous member of TCAA.

NOTE: The Grand Champion will be determined by contest between the division winners with a handicap system applied.

8. HANDICAPS

- a) **Movement Up a Division.** Movement up a division may be offered to a contestant if his/her division has less than 2 contestants. A handicap of 1 point will be given for each 6 kg weight difference from the lightest contestant in the higher weight division.
- b) **Movement from Female to Male Division.** Movement into an equivalent weight Male division because of lack of competition will be provided with a handicap of 2 points. Movement up weight division will be given handicap as per para a) above.
- c) **Grand Champion Weight Differentials.** Division winners when pitted against higher weights will be given a handicap of 1 point per 6 kg difference.

9. APPEALS (PUSH HANDS)

- a) **Serious Violation.** Should a Contestant or Coach believe an **Illegal Technique** has been made by his/her opponent, but missed by the Referee(s) and Lines-Judges:
 - i) The Contestant or coach is to raise a hand immediately (or before the commencement of the next bout) to gain the attention of the Head Judge, calling "**Serious**".
 - ii) The contest **must** be suspended immediately, and the Head Judge with judges and referees **must** listen to the alleged serious violation, **must** watch video footage and **must** award a decision.
(Note: The Head Judge must firmly prohibit participation by spectators in any appeal proceedings.)
 - iii) The Head Judge's decision will be final, and no further appeal is available.
 - iv) If the Disqualification is upheld, the complainant shall be the winner. If the Disqualification is not upheld, the complainant will be declared as having lost the contest.
- b) **Late Appeal.** An appeal after the contest winner has been declared will NOT be entertained.

NOTE: Since an Appeal will effectively terminate a Contest and determine a winner, it is recommended that it should be used reservedly and correctly, ie for Illegal Techniques resulting in Disqualification.