

# Q & A

## Qigong Practice for Martial Arts, Fitness and Health

### PANELLISTS

(in alphabetical order of surname)

#### Master Eng Chor KHOR

of *Celestial Tai Chi College*, is a qualified international Tai Chi and Wushu judge, President of the National Martial Arts Games Committee (NMGCC) Australia, an Executive member of the International Martial Arts Games Committee (IMGC), a Committee member of the Victorian Chinese Chamber of Commerce and a Justice of Peace.

#### Master Terry LIM

of *Loong Fu Pai Martial Arts Academy*, is an Australasian Martial Arts Hall of Fame inductee. In 2016 Master Terry Lim was awarded with Lifetime achievement at the Australasian Martial Arts Hall of Fame and World Karate Union Hall Of Fame. Master Lim has been involved in martial arts since 1956, with training including Shaolin Kung Fu, Jujitsu, Hung Kah Kung Fu and Karate. He formed Loong Fu Pai in 1981, and was Vice President of Australian Kung Fu Federation.

#### Master LIU Deming

of *Ziranmen Kung Fu Academy*, is the 5th generation inheritor of the Liu He Zi Ran Men lineage. He is the founder of the Wushu Tai Chi Qigong Australia (WTQA). After graduating from Beijing University of Physical Education, Master Liu accepted a teaching post at the Fujian Institute of Physical Education. Master Liu has students in many countries and considers Qigong one of the most important disciplines that we should focus on.

#### Master Su RULE

of *Chi Generation*, was formerly President of Wushu Tai Chi Qigong Australia (WTQA). Master Su Rule has won and judged at numerous local and international Tai Chi and Wushu competitions. She specialises in Wudang Tai Chi and Qigong, and teaches a mix of traditional and contemporary Tai Chi and Qigong forms.

#### **Date and Time:**

Sunday, 29<sup>th</sup> May 2022  
2:00 pm - 3:30 pm  
via Zoom

#### **Fee:**

**FREE**

**Seats are limited  
REGISTER NOW**

#### **Registration:**

Please register by email to  
Secretary Sam Au

[sam@wtqa.org.au](mailto:sam@wtqa.org.au)

**by**

Friday 20<sup>th</sup> May 2022,  
stating the following:

- Full Name and email address
- School/Organisation
- Questions, if any, about Qigong practice for martial arts, fitness and health