

23.3.20

Hi To all Kung Fu Wushu NSW Members

This is our third information update on the Covid 19 virus.

Thanks again for all the positive feedback, to date over three hundred members responding – all positive with one exception. Excuse me if I can't reply to you immediately.

### **SHUTDOWN**

The Prime Minister has announced that, as of today, there will be a selective shutdown of a range of non essential businesses – martial arts clubs are included in this. Please note that classes conducted out doors are, at this time, still able to continue. The shutdown is effective from 12pm today so if your classes are held indoors they may no longer proceed. Our Insurance covers you for outside training.

### **GOVERNMENT WEBSITES**

The KWA website and all State Association websites all have a link to the Federal government Health Department site – good to keep up with that as we are dealing with a rapidly changing situation. The New Zealand government has a much more user friendly and effective website – it can be found at: [covid19.govt.nz](https://covid19.govt.nz)

The Australian government website has the much easier to remember url of: <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert> <<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>> ?  
[utm\\_source=health.gov.au&utm\\_medium=redirect&utm\\_campaign=digital\\_transformation&utm\\_content=health-topics/novel-coronavirus-2019-ncov](https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert?utm_source=health.gov.au&utm_medium=redirect&utm_campaign=digital_transformation&utm_content=health-topics/novel-coronavirus-2019-ncov)

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### **FEAR**

Some of our members have commented to me about the way many people, including some in our industry, have succumbed to fear. The comments have been dismissive and in some cases derogatory. So I make this comment.

Those of us that have had the training and/or experience that enables us to deal with this situation without fear are an asset but only if we show compassion to those not so fortunate as ourselves. This is a scary situation for many people, please understand that so that we may better support them. Ridicule does not help and does those ridiculing no credit. I attach the words of a great and heroic woman 'Marie Curie' (if you don't know who she was look her up), her words from a hundred years ago are very relevant in the present time.

## **CLUB ADVICE**

We are now focussing our attention on:

1. Financial planning/Government support initiatives (this will form a large part of our next Bulletin)
2. Engagement with students during this down time. (I have attached an article on the positive benefits of exercise in strengthening your immune system – something that can be shared with your students).
3. Strategies for re-engagement when the bans are lifted.

*Best  
Walt*

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